

JANIENE WILSON

Janiene Wilson is a practising clinical psychologist and analytic psychotherapist. Her interest is in the convergence of psychology with theology and spirituality, and the unique pastoral dilemmas that the Church must now face and address.



Catholic Institute of Sydney

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The Catholic Institute of Sydney
is a member institute of the Sydney College of Divinity SCD
CRICOS Registration 02948J

PASTORAL COUNSELLING



E X T E N S I V E C7146: INTRODUCTION TO PASTORAL COUNSELLING

with Janiene Wilson
Semester 1, 2017

UNIT OBJECTIVES

This course introduces students to various models of pastoral counselling that are integral to the process of pastoral ministry. Emphasis will be on learning the function of basic pastoral counselling skills within ministry.

LEARNING OUTCOMES

At the end of this unit students will be able to:

1. Demonstrate a sound knowledge of pastoral counselling 'schools of thought'
2. Display a sound knowledge of the historical development of the discipline
3. Identify various components of the pastoral counselling relationship
4. Differentiate basic listening skills
5. Apply an understanding of the ethics of pastoral counselling

CONTENT

1. Introduction. What is pastoral counselling?
2. The skills of listening and emotional involvement
3. The components of the pastoral counselling relationship
4. Cognitive behavioural therapy/Dialectical behaviour therapy
5. Psychodynamic pastoral counselling
6. Person centred pastoral counselling
7. Narrative therapy. Pastoral counselling as a conversation and personal story
8. Transactional analysis and Schema therapy
9. Family systems and crisis counselling
10. Pastoral counselling and spiritual direction
11. Ethics in counselling practice in the pastoral context

SESSION DATES AND TIMES

Sessions will be held:

9:30am – 4:00pm

On the following days:

**21st January
4th – 5th March, 29th April
13th May**

COST & REGISTRATION

Unit Costs: Degree Students **\$1320**
Non-Degree Students **\$1320**
Audit Students **\$550**
CISSA Fee **\$10**

Registration closes:

8th December, 2016

If you are a continuing Catholic Institute of Sydney student, simply register for the course in person as per usual during Registration Week (Week 13). Information regarding Registration Week is posted on the Registry Noticeboard and the CIS website.

All other students interested in registering in this unit should contact:

The Registrar:
Janelle Craig
jcraig@cis.catholic.edu.au

FOR FURTHER INFORMATION

The Registry

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