

JANIENE WILSON

Janiene Wilson is a practising clinical psychologist and analytic psychotherapist. Her interest is in the convergence of psychology with theology and spirituality, and the unique pastoral dilemmas that the Church must now face and address.



Catholic Institute of Sydney

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The Catholic Institute of Sydney
is a member institute of the Sydney College of Divinity SCD
CRICOS Registration 02948J

PASTORAL COUNSELLING



E X T E N S I V E C8546: PASTORAL COUNSELLING IN MINISTRY

with Janiene Wilson
Semester 1, 2018

UNIT OBJECTIVES

This graduate course introduces students to various models of pastoral counselling that are integral to the process of ministry and encourages critical reflection upon this. Emphasis will be both on learning the function of basic counselling skills within the pastoral context and on theological reflection upon this form of pastoral activity.

LEARNING OUTCOMES

At the end of this unit students will be able to:

1. Appraise, and critically reflect upon, the role of pastoral counselling skills in ministry
2. Distinguish between, and appraise, various pastoral counselling models
3. Interpret how various components of the pastoral counselling relationship apply to ministry
4. Exhibit basic listening and reflective skills
5. Apply an understanding of the ethics of the practice of pastoral counselling in ministry

CONTENT

1. Introduction. What is pastoral counselling?
2. The skills of listening and emotional involvement
3. Empathy and empathic containment
4. The components of the pastoral counselling relationship
5. Critical evaluation of counselling models
6. Pastoral counselling and spiritual direction: similarities and differences
7. Theological perspectives on pastoral counselling
8. Ethics in counselling practice in the pastoral context

SESSION DATES AND TIMES

Sessions will be held:

9:30am – 4:00pm

On the following days:

3rd February

3rd – 4th March

28th – 29th April

COST & REGISTRATION

Unit Costs: For Academic Credit- **\$1980**
Audit Students- **\$550**
CISSA Fee- **\$10**

Registration closes:

7th December, 2017

If you are a continuing Catholic Institute of Sydney student, simply register for the course in person as per usual during Registration Week (Week 13). Information regarding Registration Week is posted on the Registry Noticeboard and the CIS website.

All other students interested in registering in this unit should contact the Registry.

The Registry

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