

JANIENE WILSON

Janiene Wilson is a practising clinical psychologist and analytic psychotherapist.

Her interest is in the convergence of psychology with theology and spirituality, and the unique pastoral dilemmas that the Church must now face and address.



Catholic Institute of Sydney

99 Albert Road
Strathfield NSW 2135
Ph: 02 9752 9500
Fax: 02 9746 6022

Email: cisinfo@cis.catholic.edu.au

Web: www.cis.catholic.edu.au

PASTORAL COUNSELLING



EXTENSIVE C8547: PASTORAL COUNSELLING IN CONTEXT

with Janiene Wilson

Semester 2, 2018

UNIT OBJECTIVES

This graduate course introduces students to various models of pastoral counselling that are integral to the process of ministry. Emphasis will be on learning the function of basic counselling skills within the pastoral context.

LEARNING OUTCOMES

At the end of this unit students will be able to:

1. Assess the role of counselling skills in ministry
2. Adapt these skills to various pastoral situations and contexts
3. Identify the differing features of a variety of pastoral situations
4. Apply counselling skills appropriately
5. Exhibit an understanding of the ethics of the practice of pastoral counselling, and its limits

PRE - REQUISITES

C8546 - Pastoral Counselling in Ministry or permission from the Lecturer

CONTENT

1. What is the significance of context to pastoral counselling?
2. Counselling and sacramental ministry
3. The difference between spiritual direction and pastoral counselling
4. Grief, loss and bereavement
5. Mental illness; depression, psychotic illness, bipolar disorder, eating disorders
6. Personality disorders
7. Suicide and crisis counselling
8. Addictions
9. Ethics in counselling practice in the pastoral context

SESSION DATES AND TIMES

Sessions will be held:

9.30am - 4.00pm

On the following days:

28 July - Class

11 – 12 August - Class

15 - 16 September - Class

3 November – Exam in am

COST & REGISTRATION

Unit Costs: Degree Students- **\$1980**
Non-Degree Students- **\$1980**
Audit Students- **\$550**
CISSA Fee- **\$10**

Registration closes:

14th June, 2018

If you are a continuing Catholic Institute of Sydney student, simply register for the course in person as per usual during Registration Week (Week 13). Information regarding Registration Week is posted on the Registry Noticeboard and the CIS website.

All other students interested in registering in this unit should contact:

The Registrar:
registrar@cis.catholic.edu.au

FOR FURTHER INFORMATION

The Registry

Catholic Institute of Sydney
99 Albert Road
Strathfield NSW 2135
Ph: 02 9752 9500
Fax: 02 9746 6022
Email: registrar@cis.catholic.edu.au
Web: www.cis.catholic.edu.au