Janiene Wilson is a practising clinical psychologist and analytic psychotherapist. Her interest is in the convergence of psychology with theology and spirituality, and the unique pastoral dilemmas that the Church must now face and address.
This graduate course introduces students to various models of pastoral counselling that are integral to the process of ministry and encourages critical reflection upon this. Emphasis will be both on learning the function of basic counselling skills within the pastoral context and on theological reflection upon this form of pastoral activity.

At the end of this unit students will be able to:

1. Appraise, and critically reflect upon, the role of pastoral counselling skills in ministry
2. Distinguish between, and appraise, various pastoral counselling models
3. Interpret how various components of the pastoral counselling relationship apply to ministry
4. Exhibit basic listening and reflective skills
5. Apply an understanding of the ethics of the practice of pastoral counselling in ministry

1. Introduction. What is pastoral counselling?
2. The skills of listening and emotional involvement
3. Empathy and empathic containment
4. The components of the pastoral counselling relationship
5. Critical evaluation of counselling models
6. Pastoral counselling and spiritual direction: similarities and differences
7. Theological perspectives on pastoral counselling
8. Ethics in counselling practice in the pastoral context

Sessions will be held:
9:30am – 4:00pm
On the following days:
31st January – 1st February
21st March, 11th April
2nd May

Unit Costs:
Award Students $1700
Non-Award Students $1700
Audit Students $500
CISSA Fee $10

Registration closes:
11 December, 2014

If you are a continuing Catholic Institute of Sydney student, simply register for the course in person as per usual during Registration Week (Week 13). Information regarding Registration Week is posted on the Registry Noticeboard and the CIS website.

All other students interested in registering in this unit should contact:

The Academic Registrar:
Dr Rohan Curnow
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